

# ***Travel with Baby Checklist***

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## **Prior to booking flights**

- Check passport expiration dates
- Confirm visa requirements
- Research safety/travel advisories
- Research vaccination requirements
- Confirm availability at kennel for pets
- Research bassinet option for flights

## **When booking flights and hotel**

- Purchase seat for baby or book as lap baby
- Inquire with airline on booking bassinet
- Inquire with hotel about crib & quiet room

## **After flights purchased and hotel booked**

- Purchase travel insurance
- Book kennel for pets
- Book rental car
- Confirm availability of friend/family to watch house while away
- Create itinerary for trip
- Purchase tickets online for attractions
- Rent stroller and/or travel crib as required
- Start using any baby carrier/wrap if new for baby
- Purchase diaper delivery (if applicable)
- Formula fed babies:
  - 1) Start testing ready-to-feed formula & new bottles
  - 2) Confirm access to microwave & kettle at hotel.

## Two weeks prior to departure

- Confirm crib availability with hotel
- Confirm stroller/crib rental and delivery time/location
- Scan copies of health care/passports/etc. into web based email
- Buy baby monitor app and test
- Test out new shoes/gear/etc.

## One week prior to departure

- Print itinerary (flights/ hotel address/attraction tickets/other)
- Contact mobile phone company for roaming
- Contact credit card company with trip destination & dates
- Pay off credit cards and any bills that are due while away
- Leave copy of flights/hotel/etc. with someone
- Purchase any books/magazines/etc.
- Begin placing items to be packed in central location
- Laundry
- Buy any extra baby food/diapers/wipes/etc.
- Determine how to get to airport on departure day

## Day before departure

- Check-in for flights
- Inquire with hotel about crib & quiet room
- Baby grooming (cut nails, bath, other)
- Household items (garbage/water plants/etc.)
- Charge camera batteries/tablets/phones/etc.

# Carry-on Luggage

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## BABY CARRY-ON LUGGAGE

- Diapers (1 per hour of flying plus extra) (\_\_\_)
- Wipes
- Light blanket
- Change pad
- Extra baby outfit (1-2)
- Bottles/drop-in liners/nipples
- Ready-to-feed formula or premade bottles in cooler
- Nursing cover
- Extra resealable bags
- Baby food & snacks
- Baby spoon & cup
- Bib
- Travel toys
- Baby carrier or wrap
- Breast pump & accessories
- Breastfeeding pillow
- Pajamas for night flight
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## MOM CARRY-ON LUGGAGE

- Passports
- Wallet (incl health card)
- Travel documents
- Tablet/laptop & charger
- Mobile phone
- Tissues
- Water bottle
- Gum
- Lip gloss
- Hand sanitizer
- Extra shirt
- Headphones
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# Baby Packing List

CLOTHES (QUANTITY)		FOOD (QUANTITY)	
MEDICATION	<ul style="list-style-type: none"><li><input type="checkbox"/> Outfits (2/day if no laundry) (___)</li><li><input type="checkbox"/> Onesies (___)</li><li><input type="checkbox"/> Sleepers (___)</li><li><input type="checkbox"/> Socks (___)</li><li><input type="checkbox"/> Shoes (___)</li><li><input type="checkbox"/> Jacket/outerwear (___)</li><li><input type="checkbox"/> Sun hat</li><li><input type="checkbox"/> Warm hat</li><li><input type="checkbox"/> Mittens</li><li><input type="checkbox"/> Swimsuit</li><li><input type="checkbox"/> Diapers (___)</li><li><input type="checkbox"/> Wipes</li><li><input type="checkbox"/> Swim diaper</li><li><input type="checkbox"/></li><li><input type="checkbox"/></li></ul>	TOILETRIES	<ul style="list-style-type: none"><li><input type="checkbox"/> Bottles with drop-in liners</li><li><input type="checkbox"/> Washable bibs (___)</li><li><input type="checkbox"/> Spoon (___)</li><li><input type="checkbox"/> Cup (___)</li><li><input type="checkbox"/> Bowl (___)</li><li><input type="checkbox"/> Baby food</li><li><input type="checkbox"/> Baby formula</li><li><input type="checkbox"/> Formula dispenser</li><li><input type="checkbox"/> Snacks</li><li><input type="checkbox"/> Travel high chair</li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/> Nail clippers</li><li><input type="checkbox"/> Blankets</li><li><input type="checkbox"/> Wash cloth (___)</li><li><input type="checkbox"/> Baby lotion</li><li><input type="checkbox"/> Baby sunscreen</li><li><input type="checkbox"/> Baby shampoo/soap</li><li><input type="checkbox"/> Rash cream</li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/></li></ul>

**ON THE MOVE**

- Baby carrier/wrap/sling
- Stroller
- Car seat
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**MISCELLANEOUS**

- Nursing cover
- Pacifier (\_\_\_)
- Change pad
- Resealable bags
- Toys/entertainment
- Sunglasses
- Microwave sterilizing bags (or sterilizing tablets)
- Travel kettle
- Container to use to warm bottles in or sterilize with tablets
- Vacuum flask to keep water warm (for daily outings)
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**SLEEPING**

- Sleep sack
- Baby monitor or app
- Crib sheet
- Travel crib
- Sound machine or app
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**OTHER**

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# ***Mom Packing List***

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## **CLOTHES (QUANTITY)**

- Underwear (\_\_\_)
- Bras (\_\_\_)
- Pajamas (\_\_\_)
- Socks (\_\_\_)
- Cargo pants (\_\_\_)
- Shorts (\_\_\_)
- Jeans (\_\_\_)
- Capris (\_\_\_)
- T-shirts (\_\_\_)
- Tank tops (\_\_\_)
- Long sleeve shirts (\_\_\_)
- Dress (\_\_\_)
- Jacket (\_\_\_)
- Sweater (\_\_\_)
- Hat
- Swimsuit (\_\_\_)
- Scarf
- Walking shoes
- Sandals
- Flip flops
- Other shoes

## **TOILETRIES**

- Shampoo & Conditioner
- Body wash
- Face wash
- Shaving gel
- Razor
- Toothbrush
- Toothpaste
- Floss
- Deodorant
- Face moisturizer
- Body lotion
- Contacts & Solution
- Make-up
- Brush or comb
- Blow dryer/straightener
- Hair styling products
- Hair elastics
- Q-tips
- Feminine hygiene
- Breast pads
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**MEDICATION**

- Vitamins
- Birth control pills
- Pain-relief pills
- Prescription medication
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**OTHER**

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**MISCELLANEOUS**

- After sun
- Bug spray
- Sunscreen
- Sunglasses
- Glasses & case
- Pen
- Driver's license
- Credit/debit cards
- Reading material
- Sleep mask
- Ear plugs
- Extra resealable bags
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**EXTRA SPACE**

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# Dad Packing List

<b>CLOTHES (QUANTITY)</b>	<input type="checkbox"/> Underwear (___)	<b>TOILETRIES</b>	<input type="checkbox"/> Shampoo & Conditioner
	<input type="checkbox"/> Socks (___)		<input type="checkbox"/> Shaving cream
	<input type="checkbox"/> Cargo pants (___)		<input type="checkbox"/> Razor
	<input type="checkbox"/> Shorts (___)		<input type="checkbox"/> Toothbrush
	<input type="checkbox"/> Jeans (___)		<input type="checkbox"/> Toothpaste
	<input type="checkbox"/> Long sleeve shirts (___)		<input type="checkbox"/> Floss
	<input type="checkbox"/> Short sleeve shirts (___)		<input type="checkbox"/> Deodorant
	<input type="checkbox"/> Jacket		<input type="checkbox"/> Contacts
	<input type="checkbox"/> Sweater (___)		<input type="checkbox"/> Contact Solution
	<input type="checkbox"/> Baseball hat		<input type="checkbox"/> Bodywash
	<input type="checkbox"/> Swimsuit		<input type="checkbox"/> Q-tips
	<input type="checkbox"/> Walking shoes		<input type="checkbox"/> Swiss Army knife
	<input type="checkbox"/> Sandals		<input type="checkbox"/> Sunglasses
	<input type="checkbox"/> Flip flops		<input type="checkbox"/> Glasses & case
	<input type="checkbox"/>		<input type="checkbox"/> Pen
	<input type="checkbox"/>		<input type="checkbox"/> Credit/debit cards
	<b>MEDICATION</b>		<input type="checkbox"/> Vitamins
<input type="checkbox"/> Pain-relief pills		<input type="checkbox"/> Reading material	
<input type="checkbox"/> Prescription medication		<input type="checkbox"/> Sleep mask	
<input type="checkbox"/>		<input type="checkbox"/> Ear plugs	
<input type="checkbox"/>		<input type="checkbox"/>	

# Shared Packing List

DOCUMENTS	<ul style="list-style-type: none"><li><input type="checkbox"/> Plane tickets</li><li><input type="checkbox"/> Passports &amp; travel visas</li><li><input type="checkbox"/> Health care cards</li><li><input type="checkbox"/> Travel insurance policy</li><li><input type="checkbox"/> Copy of hotel booking</li><li><input type="checkbox"/> Copy of rental car</li><li><input type="checkbox"/> Emergency contact</li><li><input type="checkbox"/> Copy of other rentals</li><li><input type="checkbox"/> booking (stroller, etc.)</li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/></li></ul>	ELECTRONICS	<ul style="list-style-type: none"><li><input type="checkbox"/> Laptop/tablets &amp; chargers</li><li><input type="checkbox"/> Camera(s)</li><li><input type="checkbox"/> Camera lenses</li><li><input type="checkbox"/> Camera battery charger</li><li><input type="checkbox"/> Extra memory cards</li><li><input type="checkbox"/> Lens wipes</li><li><input type="checkbox"/> Tripod</li><li><input type="checkbox"/> Cell phone &amp; charger</li><li><input type="checkbox"/> Electrical adapter</li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/></li></ul>
SAFETY	<ul style="list-style-type: none"><li><input type="checkbox"/> First aid kit</li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/></li></ul>	OTHER	<ul style="list-style-type: none"><li><input type="checkbox"/> Local currency</li><li><input type="checkbox"/> Umbrella</li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/></li><li><input type="checkbox"/></li></ul>